

Gynecological laser surgery

Laser surgery is used to remove precancerous growths from the vagina.

Treatment during menstrual bleeding is avoided if possible. Please contact the hospital if you are experiencing heavy bleeding when your treatment is scheduled. If you use birth control pills, you can contact the unit responsible for you care and ask how you can delay your periods.

Preparing and the treatment

You may take pain medication one hour before you come in for the surgery.

During the procedure, a laser beam is used to vaporize the abnormal tissue from the vagina. The treatment is carried out during an outpatient visit, along with a <u>colposcopy</u>, and there is no need for sick leave. The appointment usually lasts for 45 to 60 minutes.

After treatment at home

After the treatment you can take over the counter, prescription-free pain medication, available from pharmacies, if necessary. **Due to a risk of infection and bleeding**, avoid swimming, bathing in a bathtub, intercourse and using tampons or menstrual cup, until the possible post-treatment bleeding has ended.

You will receive your results as agreed, and follow-up care is arranged on case-by-case basis.

Possible problems and contact information

Contact the unit responsible for your care if you experience lower stomach pain, fewer, or heavy, foul-smelling discharge after the treatment. These symptoms can indicate an infection.